Hello Shelley Families …

Congratulations to this year’s elected school leaders in their various roles. A fantastic group of students have been elected to student leadership positions. I look forward to working with them closely this year.

After the entertaining Year 6 and 7 assembly last Thursday presented by the students from Rooms 11 and 12, I invited parents to join me for a cuppa and chat in the staffroom. It was lovely to meet with parents and seek views and opinions on many matters affecting our school. Please feel free to join me after the next assembly or email me if you prefer on Gillian.murgia@education.wa.edu.au.

Media reports over the weekend remind us about the need to be vigilant with the safety of our children before school and after school. I have been concerned that some students are not being picked up promptly after school, with some students left at school until nearly 4pm last week. Parents are reminded that it is extremely important to provide their child/ren with clear instructions for their after school pickup as some students are unsure of their pick up arrangements. Students who have not been collected from school at 3.30pm will need to go to the School Office.

Parking is an issue in every school but while it will always be busy at key times; courtesy, care, safety and following the rules will help in dealing with the congestion calmly. I must ask that the staff car-park not be used for drop-off or parent parking and that parents and students do not walk through the staff car park. We are concerned about student safety and would appreciate your cooperation with this request.

Keeping Safe
Our children’s safety is important. When walking to and from school children should:

- Travel in company
- If there is no footpath walk on the correct side of road to see on-coming traffic
- Where possible leave space between them and road way
- Stay in areas that are well lit
- Stay in view – avoid going to areas hidden from view (parkland bush)
- Be alert – earphones can reduce awareness considerably
- If a passing car stops never get too close
- Do not hesitate to run from a situation in which you feel at risk
- Report suspicious behaviour to parents, school and the police, noting number plates of cars and/or clothing or distinguishing features of individuals.

FINANCE
Recent education cuts have impacted on our school finances. We have lost a significant amount from our budget. This is made up mostly around Long Service Leave Liability and losing Level 3 teacher time. We have planned very strategically to ensure that we provide everything necessary for our students but if you have not had a chance to pay your school and P&C voluntary contributions it would be appreciated if you could do so as soon as possible.

FUTURE OF LEARNING
We are proud to present for your information, a parent education session on the future of learning, including the impact on learning, life and employment for our students. Considering that our Year One cohort will graduate in 2025 and likely retire in the 2070’s, what does this mean for their education of the future? The exponential rate of change we are presently experiencing represents many challenges for schools, students and educators. The presentation will consider learning spaces, technological trends, the future of knowledge and more. We encourage as many parents as possible to attend.

When: Wednesday March 12th
Where: Shelley PS Library
Time: 7pm sharp
Parental Involvement — *The Key to Student Success!*

According to the most current educational research, parents must be actively involved in order to ensure a child’s success in school. The research clearly indicates that a child’s educational experience is enhanced when a parental figure is involved.

**Here are a few of the research findings into parental involvement:**
- When parents are involved in their child’s education at home, children do better in school.
- Children go farther in school when their parents are involved in school.
- A home environment that supports learning is more important to student success than income, education level or cultural background.
- The sooner the parental involvement starts, the more powerful the effects.
- Some of the results of parental involvement include student achievement, reduced absenteeism and improved behaviour.

**What can parents do to get involved?**
- Read to or with your children. Join or start a book club with your child.
- Check homework every day.
- Stay in contact with your child’s teachers.
- Become involved in the school’s parent organisation.
- Advocate for better educational support throughout your community.

It’s never too late to get involved with your children and their education! These days as parents we are all busy people however, this is an investment in your child’s successful future so please try to take a few minutes each day to be involved with your child’s education. At Shelley Primary School we strongly recommend that and encourage you to be involved with your child’s education. By working together we can improve the outcomes for your children to ensure a positive future.

*Have a great week,*

*Gillian.*

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**Copies of excursion/incursion notes are on the website under newsletters and notes/student notes.**

**Report after hours vandalism, trespassing, etc to SCHOOL WATCH: 1800 177 777**

### DIARY DATES - TERM 1 2014

**What’s on in the coming weeks?**

<table>
<thead>
<tr>
<th>Week 5</th>
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| Friday 7 March | Year 6 & 7 students returning from Rottnest Camp 2:30 at Northport  
|             | Uniform shop open 8:30 – 9:00am                        |

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<tr>
<th>Week 6</th>
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| Wednesday 12 March | Bookclub Due – please send correct money  
|                | Parent Education Session: Future of Learning – 7:00pm |
| Thursday 13 March | Assembly – Rooms 9 & 10 commencing at 8:50am  
| Friday 14 March | Bookclub Issue 2 due date                       |

<table>
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<tr>
<th>Week 7</th>
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</table>
| Tuesday 18 March | P&C Meeting: 7:30pm  
| Friday 21 March | Fluro Day – Support a Charity (gold coin donation) |

**SCHOOL FORMAL ASSEMBLY – THURSDAY 13 MARCH ROOMS 9 & 10**

A formal assembly will be held on THURSDAY 13 MARCH commencing at 8:45am The students in Rooms 9 & 10 will be hosting this assembly. *All parents most welcome.*
RELIGIOUS EDUCATION – TO RETURN FORM TO TEACHER

ALL STUDENTS MUST RETURN THEIR PINK FORM to your classroom teacher EVEN IF YOU ARE NOT PARTICIPATING IN R.E.

SIREN TIMES
You may have noticed a slight change to our siren times. To build consistency across the school there will not be a formal afternoon break. The school hours remain the same. Please see the session times below:

<table>
<thead>
<tr>
<th>Session</th>
<th>Time</th>
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<tbody>
<tr>
<td>Classroom doors open at 8.30am</td>
<td></td>
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<tr>
<td>Start of the School Day</td>
<td>8.45am</td>
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<tr>
<td>End of Daily Fitness</td>
<td>9.05am</td>
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<tr>
<td>Recess</td>
<td>10.30 – 10.50am</td>
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<tr>
<td>Lunch</td>
<td>12.10 – 12.55pm</td>
</tr>
<tr>
<td>End of the School Day</td>
<td>3.05pm (except Wednesday which finishes at 2.40pm).</td>
</tr>
</tbody>
</table>

STOP AT THE OFFICE
Parents and visitors are asked to stop/wait at the reception desk prior to going into offices or other parts of the building. If the reception is unattended please wait for several minutes as we are usually not very far away. This is a courtesy that you would show in any other office environment.

DAY PASSES FOR STUDENTS
Please ensure that you allow time to stop at the office to complete the day passes for students. It is important for various reasons that you complete the day pass at the time of taking the child out of school. Yes it does take a little time but it is important that office staff are aware that you are on-site and that you are taking a child from the school. Please ensure that you complete the time you are taking them and the time they are returning. If not returning then please write: not returning.

Parents should be aware that taking your child from school or coming late to school could constitute a half day absence if the length of time away is more than the time they are in school.

SCHOLASTIC BOOKCLUBS:
ISSUE 2 due: A.M. FRIDAY 14 March

Issue 1 book orders should be returned this week. Issue 2 orders are due back by Friday 14 March. Please:

- Complete the order form neatly (so that we can read it).
- PUT YOUR NAME & ROOM No AT THE TOP.
- Place your order and correct money or payment slip in a sealed envelope.
- Put it in the specially marked box in the Office by the due date.

FACTION SWIMMING CARNIVAL
This year the Faction Swimming Carnival will be held on Tuesday 25 March 2014 at Aqualife Leisure Centre (formerly known as Somerset Pool) in Victoria Park. This is an outdoor pool with a temperature maintained at 26°C. All students in Years 4 – 7 will be participating. Races will be in age groups taking into account swimming abilities based on their In-term Swimming Stages. There will also be some novelty events for non-swimmers. A note will come home next week with more details.

SWIMMING TRAINING
Due to maintenance at the pool our booking was reduced to a point that was not compatible to school times and the number of students attending. Therefore we are not able to offer training this year. It is hope that you will endeavour to encourage your child to train in their own time. We apologise for any inconvenience. We have a made a booking for next but the pool administration will offer no guarantee that they will be able to commit to this reservation.

CAMP
Ninety one students took off to camp today. What great weather the campers have to enjoy their Rottnest camp. They have a very full itinerary for the next four days so parents will be getting back very tired children. Please ensure that you are there to pick them up on time: Friday 7 March 2:30pm at Northport.
UNIFORM OPEN DAYS
8:30am – 9:00am
Friday 14 March
Please see the school website for 2014 opening days.

STUDENT SCHOOL BANKING DAY
TUESDAY BEFORE SCHOOL
AT 8:30AM IN (A BLOCK)

P & C NEWS

WEDNESDAY IS ‘PANCAKE DAY’
We have an exciting special for Wednesday of this week to celebrate Shrove Tuesday ‘Pancake Day’. We will be selling pancakes from the canteen at recess, with yummy lemon or maple syrup topping. $1 each. Pre order on your lunch bags or at the canteen window in the morning. When they’re gone, they’re gone!

EARLY CHILDHOOD RECESS MENU
For the first time, Kindy and Pre-Primary children have their own special menu from which they can order recess items. These items will be delivered to the children's classrooms at recess, so they can enjoy yummy and healthy snacks. The menus will be on display at the canteen, in the early childhood areas and on the school website. Items should be pre-ordered using printed lunch order bags or in person at the canteen before 8.45am please. The menu is below but will be placed on the school website for future reference.

VOLUNTEERS
As always, we welcome new volunteers to the canteen ‘family’. If you would like to volunteer, please come and have a chat. Whether you can contribute your time for one shift per term, help with rostering or help with baking, your contribution is valuable to us. The children love to see you at the canteen window too!

CANTEEN CORNER

CANTEEN ROSTER FOR FOURTH TERM

<table>
<thead>
<tr>
<th>Monday</th>
<th>Wednesday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>5-March</td>
<td>Margarita Trewartha</td>
<td>7-March Michelle Marshall,</td>
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<tr>
<td></td>
<td>Jo Chapman</td>
<td>Jacquee Osbourne, Tracey Holland</td>
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<tr>
<td>10-March</td>
<td>Monique Templeton</td>
<td>12-March Carolynn Warburton</td>
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<tr>
<td></td>
<td>Sonja Hooper</td>
<td>Sharee Van Den Berg</td>
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<tr>
<td>14-March</td>
<td></td>
<td>14-March Paula Hamer, Lou McCartin,</td>
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<tr>
<td></td>
<td></td>
<td>Sylvia Tibbett</td>
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</tbody>
</table>

Kindy and Pre-Primary Recess Menu

- Apple slinky  60c
- Carrot sticks  50c
- Cucumber sticks  50c
- Healthy Chocolate muffin  50c
- Banana  $1
- ½ Cheesie (with sauce)  $1

- Items should be pre-ordered using the printed order bags (available from the canteen at $1 per roll of 25) and placed at the canteen before 8.45am.
- Ordered items will be delivered to your child’s classroom at recess.
- ‘Specials’ often available. Check at the canteen and in the newsletter.
SHELLEY PRIMARY SCHOOL P & C ASSOCIATION
SHELLEY-ROSSMOYNE PARENTS - LAWN BOWLS COMPETITION
FRIDAY, 14 MARCH, 2014

Sign up your team up to represent Shelley Primary in the Shelley-Rossmoyne Parents Lawn Bowls Competition. It's a lot of fun. No experience is necessary and new faces are always welcome. The evening is a great way to meet new people in the School community.

The cost is $10 per player and is to be paid on the night. If you want to play and you have a team, or if you want to join in and are happy to be placed in any team, fill out the form below accordingly.

Bring along plates of nibblies to share with your fellow team players, and drinks will be available for purchase from the Bowling Club.

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Name: ___________________________________________ Phone: __________________

Email: _________________________________________________________________

I have a team ☐ Please put me in a team ☐ Are you the team organiser? Yes ☐ No ☐

Name of Team Organiser: ____________________________________________

Please return your form to the SCHOOL OFFICE as soon as possible for organisation of game fixtures.

MUST BE IN BY: WED 12 MARCH

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HEALTH NEWS

**Backpacks**

Carrying a backpack can injure your child's back if care is not taken. Here are some helpful tips for protecting young backs:

- Make sure that your child's backpack does not weigh more than 10% of his/her bodyweight.
- Choose a backpack with broad shoulder straps that are well padded and adjustable so it sits comfortably on the shoulders. I should have waist and chest straps to keep the load in place and help evenly transfer the load to the hips and pelvis.
- Encourage your child to wear both straps at all times to distribute the weight.
- Choose a padded back-support that allows the pack to fit 'snugly' on the back.
- Adjust the straps so that the backpack fits close against the child's back.
- Choose a backpack which fits the child. The size should be in proportion to his/her body.
- Pack the heaviest items closest to the body and the lighter items further out.
- Make sure that your child is carrying only what she/he really needs to carry.
- Take notice of how your child is carrying the backpack – if your child is leaning forward to carry the backpack, tighten the straps or lighten the load.
- When packed, ensure the backpack doesn't sag or pull backwards.
- Clip on the waist straps to keep the load in place when walking or cycling.
- Do not carry the backpack for long amounts of time, take regular breaks.


**Sleep**

School-aged children need 10-11 hours sleep a night. Getting a good night's sleep will help your child to be more settled, happy and ready for school, and will strengthen his/her immune system. Here are some sleep tips:

- Have a bedtime routine – this will help your child wind down from the day.
- Keep the bedroom dark, cool and quiet - this will help your child drift off easily.
- If your child has a restless night or bad dreams, it may be because the day's events and worries are still rattling around in his/her head. Help your child to settle and relax for sleep by promoting good sleep habits.
- Remember, medication is not the answer to children's sleep problems.

Contact your local Community Health Nurse, Fiona Ewing on 93135418, or go to [www.raisingchildren.net.au](http://www.raisingchildren.net.au) for more information.