New edition of **Challenges and Choices**

Coming soon to your school

www.sdera.wa.edu.au
There remains considerable debate about placing restrictions on the power of vehicles that young novice drivers can use. Conventional wisdom would lead us to conclude that placing a high powered vehicle in the hands of a relatively inexperienced driver would increase the risk of that driver having a crash.

However in a world where, increasingly, decisions about policy and funding are made according to ‘the evidence base’, what does the evidence say about young novice drivers, high powered vehicles and crashes?

In 2009 the Curtin-Monash Accident Research Centre carried out research on behalf of the Road Safety Council of WA to investigate the relationship between vehicle performance and novice driver crash involvement. The purpose of the study was to provide an evidence base for consideration of a vehicle restriction scheme in WA as currently exists in some other states.

The results may surprise you.

‘Analysis of 11,321 serious injury and fatal crashes occurring in Western Australia between 2001 and 2008, involving drivers aged 17-25 years, found that 11% (1,285) of the drivers of these vehicles were aged 17 to 19 years. High performance vehicles accounted for less than 1% of all crashes and 7.6% of crashes involving 17-19 year old drivers.’


By any account the link between high performance vehicles, young drivers, and serious crashes as reflected by the results of the study, is not strong. While there were limitations to the study, the results lead the researchers to conclude that placing a high powered vehicle in the hands of a relatively inexperienced driver would increase the risk of that driver having a crash.

However the fact remains that young drivers are over represented in crashes. So is it inexperience, is it behaviour, is it the road environment? How do high powered vehicles figure in the equation…if at all? What do we do to reduce crash involvement by young drivers?

The study recommended strengthening a number of areas in the current WA Graduated Driver and Licensing System to help keep young drivers safer:

- Increase the required number of supervised driving hours and the conditions in which they are accumulated.
- Restrict the number of peer passengers in the vehicle.
- Restrict the use of mobile phones.
- Target initiatives to tackle speeding and reckless driving.
- Encouraging the purchase of safer vehicles by providing information and incentives.

If the recommendations listed above were implemented in full, we would see more experienced and less distracted novice drivers in safer vehicles, a good start to helping keep young people safer on our roads.

SDERA supports the recommendations arising from the study and as many of you know is very active in supporting learner drivers to be safe through the Keys for Life pre-driver education program. Keys for Life has achieved high acclaim in WA, is available to all schools, and is supported with a professional development workshop for staff, has teacher and student resources, and yes…it’s free!

If you’d like to know more about Keys for Life visit our website or contact Deb Zines, Keys for Life Consultant (08) 9264 4753 or deb.zines@education.wa.edu.au

Happy reading,
Bruno Faletti
Manager SDERA

SDERA comes to ECU Bunbury

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Email: anne.miller@education.wa.edu.au
ISSN 1448 – 9244

SDERA comes to ECU Bunbury

SDERA is funded through the Drug and Alcohol Office WA and the Road Trauma Trust Account.

Editorial

SDERA update

Watch out for new editions of Challenges and Choices

The second edition of SDERA’s core curriculum program, Challenges and Choices, will be sent to all schools this term. The resources will be distributed in two waves - Foundation to Year 2 for the start of Term 2 followed very soon after by Year 3 to Year 6.

The new resources will support teachers to deliver key content for three relevant and contemporary contexts for learning identified in the Australian Curriculum Health and Physical Education (HPE) – resilience and wellbeing, alcohol and drug education, and road safety.

Learning activities in each resource also focus on development of the Australian Curriculum General Capabilities and in particular the Personal and social capability.

The resources will also be available on our website for schools to download. Further copies can also be purchased using the order form located on our website.

Some lively discussion ensued when SDERA’s Libby Winchcombe recently presented a very engaging and worthwhile session at Edith Cowan’s South West Campus in Bunbury.

Education students, enrolled in a Health Education elective/specialisation unit of study, discussed a range of health issues, experienced different teaching strategies, and investigated the range of SDERA resources.

The pre-service teachers enjoyed the interactive nature of the session, acknowledged the importance and relevance of the issues, and lauded the usefulness of the SDERA resources for their practicums and future teaching.

Thanks Libby and SDERA!
Joan Strikwerda-Brown, Senior Lecturer Health & Physical Education, Edith Cowan University, Bunbury.

Remember, you can register your interest to attend a Safer Kids Challenges and Choices professional development workshop for Foundation to Year 2 or Year 3 to Year 6 on our website or with a SDERA Consultant located in your region.

There is no cost for our workshops and a contribution of up to $350 for teacher relief is available for each teacher attending a workshop.

For more information about the new Challenges and Choices resources or the Safer Kids professional development workshop contact Anne Miller on (08) 9264 4076 or anne.miller@education.wa.edu.au

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DEAR JOAN,

IT’S GREAT TO HEAR THAT OUR PRE-SERVICE TEACHERS ARE FINDING OUT ABOUT SDERA RESOURCES. A SDERA RESOURCE OF YOUR CHOICE WILL SOON BE COMING YOUR WAY.

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SDERA update

Do you believe the health of students affects their ability and willingness to learn and participate in school life? Would you like to develop a comprehensive, whole-school approach to promote health and wellbeing in your school?

If the answer is ‘yes’, then SDERA can help. Through the CHAT process (Changing Health Acting Together), SDERA can support your school to develop an effective whole-school approach to health through resilience, drug and road safety education.

Participation in CHAT has continued to grow in Term 1 2013. This term may be your school’s last opportunity to become a CHAT school, so don’t miss out. For more information about CHAT or any further information to help your school initiate a whole-school approach to resilience, drug and/or road safety education, contact Mick Jackson Pierce on (08) 9264 5820 or Michael.Jackson-Pierce@education.wa.edu.au.

Brain damage key message delivered at Karratha PEAC

Year 6 and 7 students, from Karratha PEAC, investigated about the brain have involved a wealth of different activities including dissecting a sheep’s brain, making a model of a brain, and looking at fixed and growing minds.

Recently, the students gathered at Dampier Primary School to discuss how they can protect this vital organ when out riding bikes, scooters and other wheeled devices, and looked at the damage that alcohol and other drugs can do to the developing brain.

The students heard from guest speakers including a local paramedic, Mr James Byles who demonstrated, using the yolks of two eggs, the amazing natural protection of our brains but also the damage that occurs to an unprotected brain from a fall.

In a session presented by PEAC teacher, Mrs Joyce Phillips and Lynelle Fozard, SDERA Consultant, using activities from the Challenges and Choices resources, students adopted and personalised their own ‘egg brains’ and designed a cover to protect their egg.

Their egg brains were then dropped from a classroom balcony and observations were made about the damage to the brain and the implications regarding the level of protection afforded to cyclists wearing bicycle helmets.

Contact Lynelle Fozard for support with your resilience, drug and road safety education programs in the Pilbara on (08) 9185 0111 or lynelle.fozard@education.wa.edu.au.

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A CHAT challenge for John Tonkin Campus

In late 2011 Mandurah High School and Mandurah Senior Campus combined to make one school on two different sites - John Tonkin Campus. Knowing the challenges he faced, dedicated staff member, Che Healey willingly began the CHAT process.

He encouraged Health and Physical Education staff from each campus, the school nurse, and the student services team to work together to develop a whole-school approach to health and wellbeing within the school.

As part of the school’s goal to achieve their CHAT Bronze target later this year and move towards Silver, the team will implement many strategies across the school, including:

- Development of School Drug Education and Road Safety Guidelines.
- A scope and sequence for Years 8 to 10 in health using SDERA’s Challenges and Choices resilience, drug and road safety resource and the Keys for Life pre-driver education program.
- Development of road safety brochures for students and parents.
- A ‘Health Expo’ to showcase community agencies organised by staff and students.
- Development of road safety plans for both campuses.
- A focus on improving the uptake of health studies in Year 11 and 12.
- Health lessons with Year 5 classes at a feeder primary school.
- Whole-school health programming with this primary school to ensure continuity of content into secondary school.

For more information about CHAT or how SDERA can support the implementation of resilience, drug and road safety education in your school, contact Tania Gigg, SDERA consultant for the Peel region on (08) 9550 2528 or tania.gigg@education.wa.edu.au.

Taking Keys for Life Online

Every year in WA over 33,000 young people gain their Learner’s Permit and over 12,000 students participate in SDERA’s Keys for Life pre-driver education program at school.

With links to Towards Zero, the WA Road Safety Strategy, and the Licensing System, Keys for Life students are eligible for fee and time-saving benefits when applying for a Learner’s Permit.

These incentives and foundations are part of SDERA’s long-standing association with the Department of Transport and the Road Safety Council.

The next chapter for Keys for Life will be launched on May 20. While similar in content and outcomes to the school program, Keys for Life Online targets young people and adults who find it difficult to gain a driver’s licence.

Many people want to learn about licensing and road safety with a view to gaining employment. Keys for Life Online provides the tools to help people achieve this while also improving literacy and communication skills.

Keys for Life Online has been developed by Evolve Curriculum Development and Training with support from SDERA and with funding from the Australian Government, Department of Industry, Innovation, Science, Research and Tertiary Education (Workplace English Language and Literacy). Keys for Life Online has been developed by Evolve Curriculum Development and Training, a not-for-profit organisation that aims to improve the literacy and communication skills of young people and adults who are part of the Department of Transport and the Road Safety Council.

SDERA’s Regional Consultant for the Kimberley Paul Searle said, ‘Unfortunately for many, in regional and remote areas, a range of factors can make getting a driver’s licence challenging. Keys for Life Online is going to make this process much easier.’

‘There are organisations across the Kimberley who deliver work readiness and youth engagement programs. Agencies such as Wunan, Karrayili Adult Education Centre and Kimberley Training Institute have all expressed a keen interest to run with the new resource.’

For more information contact Deb Zines, SDERA Keys for Life Consultant on (08) 9264 4753 or deb.zines@education.wa.edu.au.

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October is
ICCWA’s
Community
Safety Month
The Injury Control Council of WA (ICCWA) is in its fifth year of running Community Safety Month (CSM) which is planned with the support of safety organisations, state government agencies and external organisations.

CSM aims to engage local community groups, schools, councils and businesses in safety events held throughout October. During the month there will be events and programs run across the state to inform community members of different safety issues. Every single person has a responsibility in keeping the community safe and everybody has a role to play in preventing injury, reducing crime and promoting safe behaviour.

If you would like to register your interest, contact Elecia Wheat on (08) 9420 7212 or ewheat@iccwa.org.au

Connecting Schools grant
Connecting Schools is a Department of Transport grant program aimed at improving bicycle access and end of trip facilities for schools.

A total of $100,000 is available on a matched funding basis to fund school end-of-trip facilities and innovative cycling infrastructure projects.

To be eligible for the grant, schools must also engage complementary behaviour change techniques, through the TravelSmart to School program, to facilitate increasing cycling to school.

Who is eligible to apply?
• Local governments (LGAs) are to be the applicants, with schools agreeing to the proposal.
• The grants are on a 50:50 matched funding basis. The 50 per cent matched funding may come from the LGA, school or any other source (except other state government sources).

What can it be used for?
• It may include traditional infrastructure such as shared paths or on road cycle lanes or less traditional infrastructure such as on-site bicycle parking and other end of trip facilities
• If the infrastructure is to be within school grounds, the schools are responsible for any liaison required with the Department of Education or any other third party.
• Applicants must demonstrate how the infrastructure proposed is expected to have a positive impact on the number of students cycling to school.

Applications close 24 May 2013 and infrastructure is to be installed in the 2013/14 financial year. To apply or find out more visit the Department of Transport website and view the Connecting Schools Grant Application Form.

Constable Care Child Safety Awards 2013
Be quick to nominate for this year’s Constable Care Child Safety Awards, created to celebrate the achievements of remarkable Western Australians dedicated to protecting children from harm and creating child-safe environments and communities. This year’s categories are as follows:

Individual Awards
• WA Child Safety Volunteer Award
• WA Child Safety Employee Award
• WA Police & Emergency Services Child Safety Award

Community Project, Program and Partnership Awards
• Child Safety Program & Partnership Award – Metropolitan
• WA Child Safety Program & Partnership Award – Regional & Remote WA
• WA Corporate Child Safety Program & Partnership Award

Government Award
• WA Government Child Safety Award (Department, Agency, Local Government)

Education and Care Award
• WA Child Safety Education & Care Award

Media and Communications Award
• WA Child Safety Cause Communications Award

Nominations forms can be downloaded from www.childsafetyawards.org.au
Closing date for nominations is 31 May 2013.
All finalists will receive two tickets to the Gala Presentation Ceremony to be held at Crown Perth on Saturday 10 August. Prizes of $1,000 will be provided to Individual Award Category winners and a Grand Prize of $2,000 will be awarded to the winner of Child Safety Award of the Year 2013.

Aust Early Development Index makes strong case for early childhood programs
In March the latest findings from the Australian Early Development Index (AEDI) were released. The AEDI is a census of Australian children during their first year of formal schooling (collected once every three years as a National Progress Measure of Future Human Capital).

It was first collected in 2009 and tracks and measures developmental vulnerability and progress against five domains:
• Physical health and well-being
• Social competence
• Emotional maturity
• Language and cognitive development
• Communication skill and general knowledge.

The data provides useful community measures, rather than individual diagnostics that can highlight regions and communities where children may be developmentally vulnerable. Reports are sent to schools to increase usefulness of the data and index.

The latest results reveal that 23.6% of Australian five year olds (and 24.7% of WA children) are developmentally vulnerable on one or more domains.

To access the AEDI website visit http://ww2.rch.org.au/aedi/index.cfm?doc_id=13051
An interactive anti-smoking activity for your health class

Smarter than Smoking’s Activity Sheet Competition is back in 2013! Encourage your students to complete the Activity Sheet by navigating the Smarter than Smoking campaign website www.futureinyourhands.com.au while learning about the dangers of smoking in a fun and interactive way.

Students can navigate this interactive anti-smoking website, watch ads made by other young people, provide options in polls and quizzes, and play games. It is a great activity for the whole class.

Win $1,500 voucher for your school

Lucky winners will receive a $1,500 voucher and runner up winners a $500 voucher for a store of your choice, plus awesome prize packs with the latest Smarter than Smoking merchandise.

The competition is open to all Western Australian students aged 10 to 17 years. Entry is free and entries close the 5 July 2013. Good luck!

The Classroom Activity Sheet Competition was developed in consultation with SDERA and is well-suited to support health and information technology classes in the school setting.

For more information visit www.futureinyourhands.com.au or contact SMART@heartfoundation.org.au

INSTRUCTIONS FOR TEACHERS

• Cut out the double-sided Smarter than Smoking Activity Sheet from this edition of SDERA News.
• Photocopy enough for everyone in your class.
• Give each student an Activity Sheet. *Students will require internet access to complete the Classroom Activity Sheet Competition.
• Support students in completing the Activity Sheet.
• Send your completed Activity Sheets to:
  Heart Foundation
  Reply Paid 1133
  SUBIACO WA 6004
  *No stamp required

The Critics’ Choice is available to all schools from 31 May 2013, ‘World No Tobacco Day’.

This free innovative smoking prevention resource for upper primary and lower secondary schools provides 12 anti-smoking advertisements that students watch, review and then vote on the one most likely to prevent them from taking up smoking or encourage them to stop.

This year it will be an online resource rather than a DVD and students will be able to view the advertisements and complete the grading sheet through the Oxygen website www.oxygen.org.au

Keep an eye on www.smarterthansmoking.org.au for updates or contact SMART@heartfoundation.org.au.

Cris-Cris’ Choice 2013 – a free online smoking prevention resource

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This year it will be an online resource rather than a DVD and students will be able to view the advertisements and complete the grading sheet through the OxyGen website www.oxygen.org.au

Keep an eye on www.smarterthansmoking.org.au for updates or contact SMART@heartfoundation.org.au.

Smoking causes how many deaths per year in Australia?

And you know the answer? Click one of the options below to find out if you are right.

3,000
5,000
15,500
70,000

Quizzes

Find a box called “SMOKING CAUSES HOW MANY DEATHS PER YEAR IN AUSTRALIA?”

Click the box with the answer you think is correct.

Click all of the boxes to find the correct answer.

Find a box called “DO YOU THINK IT IS A GOOD THING TO BAN SMOKING IN SHOPPING MALLS?”

Click the answer that you agree with.

Check out other boxes on the Quiz page. Upload more comments.
Drug education update

Parents, Young People and Alcohol campaign

The next phase of an important campaign that educates young Western Australians and their parents about the effect of alcohol on the developing brain was rolled out on April 3 across the state.

The Parents, Young People and Alcohol campaign is a partnership between the Drug and Alcohol Office, the McCusker Centre for Action on Alcohol and Youth, and the Telethon Institute for Child Health Research, with funding from Healthway.

According to national health guidelines, no alcohol is the safest choice for under 18s and that’s the key message of the campaign.

The campaign also aims to discourage parents from providing alcohol to under-aged drinkers and encourages them to accept responsibility for monitoring young people’s exposure to alcohol consumption and related harm.

Acting Executive Director of the Drug and Alcohol Office, Gary Kirby, said the state-wide campaign included radio and digital advertising, and expert videos on the alcoholthinkagain website.

‘Alcohol can negatively impact a child’s problem-solving skills and performance at school, and potentially affect their body, mood and mental health.’

‘For some young people this news won’t be a surprise, as more young Western Australians are choosing not to drink at all. In 1993 only 1 in 10 students (12-17 year olds) had never consumed alcohol, and in 2011 this increased to 1 in 4.’

‘But while this is a positive development, the more worrying news is that young people are drinking at earlier ages and those who drink are doing so in a more risky way, with about 40% of them agreeing that the reason they drink is to get drunk. Because we don’t know how much alcohol it takes to do damage, no alcohol is the safest choice,’ said Mr Kirby.

Visit www.alcoholthinkagain.com to view the campaign.

No Smokes Study Guides target Indigenous students

A new suite of national curriculum linked No Smokes Study Guides was launched last year to help teachers of Indigenous children provide culturally relevant learning activities about smoking.

The interactive learning activities incorporate videos, games and animations, and are accessible via the No Smokes website: www.nosmokes.com.au

This Menzies School of Research project (funded by the Department of Health and Ageing) follows on from the research of the neuroscientist and head of the No Smokes team, Dr Sheree Cairney, that found young Indigenous people are more likely to tune into health campaigns that use Aboriginal people and relevant themes.

For more information contact info@nosmokes.com.au
Drug education update

NCPIC harnesses creative talents to spread word about cannabis

Looking for a creative way to raise the awareness of the harmful effects of cannabis with your students? The three competitions being run by the National Cannabis Prevention and Information Centre (NCPIC) may just help.

A national short film competition asks young people aged between 15 and 25 years to focus on the issues and risks surrounding cannabis and driving. The film can be in any style or genre but must be in the style of a 30 second TV commercial. There will be $5,000 prize money for the producer of the winning entry and two runner-up prizes of $2,000 each. Entries close 18 October 2013.

A national Aboriginal and Torres Strait Islander Music Competition asks Indigenous Australians to focus on the harmful impact of cannabis on Indigenous communities. Entrants need to write and record a song to CD (as a mp3 or WAV file). The winner will receive prize money of $5,000 and have the chance to professionally record their song at a two-day workshop with Skinnyfish Music, Australia’s leading record label for Indigenous Artists. A runner up prize of $1,000 will also be awarded. Entries close 4 October 2013.

A national poster competition asks school students between the ages of 12 and 18 years to focus on how young people might help their friend, who is experiencing problems with cannabis, to get the right sort of help.

The winner will receive prize money of $2,000 and $1,500 for their school. The three runner ups will receive $500 and their school will also be given $200. Entries close 20 September 2013.

For more details see http://ncpic.org.au/ncpic/news/competitions/

Drug Aware ecstasy prevention campaign website

The 2011 Australian School Student Alcohol and Drug Survey (ASSAD) shows the proportion of 12 to 17-year-old students using ecstasy in WA has more than halved, from 4.3% in 2008 to 2% in 2011.

The survey also found 4.1% of young people used amphetamine-type stimulants, including ecstasy, in 2011 which is down from 6.8% in 2008 and 8% in 2005.

Speaking at the re-launch of the State Government’s Drug Aware Ecstasy Prevention Campaign earlier this year, Mental Health Minister Helen Morton welcomed these findings but said the Government would continue to challenge the myth that ecstasy was a safe drug by focusing on the physical and mental health impacts of its use.

Eleanor Costello, Manager Drugs Program (Drug and Alcohol Office) said that the 2012 campaign had evaluated well with 57% of young respondents indicating they would cut down their use of ecstasy, and 46% indicating they would stop using ecstasy as a result of the campaign.

The new version of the multi-media campaign, which ran over four weeks, targeted 15 to 17 year olds and featured video interviews with experts, youth-oriented ecstasy campaign website interface on the Drug Aware website; and a LiveChat website function allowing young people to chat confidentially and free of charge to qualified counsellors from the Alcohol and Drug Information Service.

Get in quick to register for Drug Action Week 16 - 22 June 2013

Need some impetus to kick start a whole school drug education initiative? Then why not register your events or activities now on the Drug Action Week (DAW) website www.drugactionweek.org.au by 31 May 2013.

This year’s DAW, coordinated by the Alcohol and other Drugs Council of Australia (ADCA) and supported by the Federal Government through the Department of Health and Ageing (DoHA), has the overarching theme of Drugs, Communities and Families.

The daily themes for the week are:
- Monday 17 June Illicit Drugs/Stimulants/Inhalants
- Tuesday 18 June Alcohol/Tobacco
- Wednesday 19 June Pharmaceuticals
- Thursday 20 June Families/Youth Issues
- Friday 21 June Building Resilience in Communities

The Chief Executive Officer (CEO) of ADCA, Mr David Templeman said, ‘ADCA is aiming for a new event registration record of more than 1000 events or activities this year which would surpass the current record of 314 events for DAW 2012’.

All those who register are entitled to free promotional material to advertise their drug education event or activity. The DAW website is also a useful source to download free drug fact sheets and get ideas about school-based drug education activities.

While the campaign has finished, all of these resources are still available for young people on the DrugAware website under the Ecstasy link at www.drugaware.com.au and would complement the activities described in SDERA’s Challenges and Choices resource for early adolescence.
Cycle Instead Bikewee is an annual celebration of cycling that occurs every year across Western Australia in March and is coordinated by the Department of Transport’s Bikew ee unit.

Goldfields schools saw the week as an opportunity to teach bike safety. SDERA Consultant, Michelle McBroom and Population Health WAe HC, Healthy Schools Officer, Michelle Sparge planned and helped coordinate the event in schools. With the help of volunteers from WALDA RoadWise, the local Police, Boulder Primary School’s CH A T Committee and student councillors from each school, the week was a huge success. Boulder Primary School kicked off the week with helmet and bike safety checks as students arrived at school with their bike, followed by a healthy breakfast and a series of road safety tabloid activities for the whole school. Most of the activities were taken straight out of SDERA’s Challenges and Choices resources. Kambalda Primary School started with an early morning bike ride from Kambalda West to Kambalda East with fruit platters greeting cyclists on arrival at school. Classes then took part in a special assembly were students paraded their decorated bikes for judges, parents and Izzy the SDERA road safety mascot. After the parade students took part in a tabloid of road safety activities.

To finish off the week, Hanannas Primary School celebrated with a huge turnout for students of the helmet and bike safety checks in which student councillors, local police and WALDA RoadWise volunteers pooled together to help out. Students again took part in road safety tabloid activities including a bike safety talk by two police officers. Roberta praised the collaboration that was evident from the Kalgoorlie RoadWise team, thanking Andrea Lambert (WALDA Roadwise), Chris Martin (Mainroad), Paramijt Kaur and Michelle Sparge (Population Health WAe HC), Glenys Woodman (Department of Transport), Pam Foukies-Taylor (Cancer Council) and Police Officers from the Kalgoorlie Police Traffic Unit.

Contact Roberta McBroom, SDERA Consultant for the Goldfields region on 0429 887 378 or Roberta.mcbrroom@education.wa.edu.au to discuss how your school can access SDERA support.

Road safety rocks Williams Primary School

Over 100 excited students arrived at school with bikes and helmets on April 12 to participate in the Williams Primary School Road Safety Expo.

This was a culmination of a term’s work of road safety activities chosen from the Challenges and Choices teacher resource as part of their commitment to being a CHA T school.

Cross curriculum links included students using visual art skills to decorate showbags to be distributed to the greater community at the annual Williams Gateway Expo held the following day; using their design and technology skills to create helmets and cars with seatbelts for class toys; using maths skills to time each other putting on their seatbelts and then working out the mean time it takes to put on a seatbelt; and literacy skills to record and reflect on the experience.

Each child had a passport with a list of the stations that were opened on the day, including all local groups and businesses, police and others in the community. The stations were supervised by staff from the relevant organisations to enter the ‘City of Love’ at each stop. Students completed passports to collect information and goodies from various health and road safety agencies.

In the afternoon, parents were invited to accompany their children around the Road Safety Learning Journey stations. Each child had a passport with a list of the stations that was signed off when they had demonstrated some learning about that particular station. Students then presented their completed passports to collect their own show bag – containing information and goodies from various health and road safety agencies.

The finale of the day saw Diana Ross, the Supremes, and other less cleverly disguised Year 6 and 7 students, perform ‘Stop! Before you Cross the Road’ (sung to Diana’s original tune of ‘Stop! In the name of Love’) and other road safety skills. For more information about how SDERA can help you in the Wheatbelt South (Narrogin area) contact Ann Rintoul on (08) 9881 0000 (mobile 0428 856 595) or ann.rintoul@education.wa.edu.au

Consumer Protection Kidsafe WA Award

SDERA’s Curriculum Resource Coordinator, Anne Miller was recently awarded the Consumer Protection Kidsafe WA Award. This award acknowledges an individual, local government, non-government organisation, business or group of individuals operating in Western Australia that have, through their particular field of endeavour, made a significant contribution to the advancement of injury prevention for children in their community.

“Winning the Kidsafe WA Award for my work in the field of child safety was such an honour. The Award also recognised the dedicated team at School Drug Education and Road Awareness who take a range of health and safety programs into all areas of the State, training teachers, early childhood service providers and agencies to deliver effective resilience, drug and road safety education. I would definitely encourage other individuals and organisations to enter the Awards next year.”

SDERA’s Keys for Life Pre-driver education program aims to assist young people in developing positive attitudes as road users to minimise these risks and also highlights the importance to both young people and their parents through an information session, the importance of obtaining supervised driving hours.

SDERA would like to congratulate these schools for their contribution to helping to keep our young people safe.

• Boyup Brook District High School
• Bridgetown High School
• Bunbury Senior High School
• Cape Naturalist College
• Cornerstone Christian College
• Geographe Anglican School

• Geographe Education Support Centre
• Kearnan College
• MacKillop Catholic College
• Manjimup Senior High School
• Manjimup Education Support Centre
• Margaret River Senior High School
• Nannup District High School
• Northcliffe District High School
• Pemberton High School

Contact Libby Winchcombe for more information as part of their Kristian Blake for their dedication to helping to keep young people safe and away from injury.

Statistics tell us that whilst young people under 24 years of age represent a small percentage of the driving population in WA they are over-involved in road injury, particularly as a driver of a vehicle. There are many contributing factors which include lack of experience and skill, along with behaviours such as non-use of seat belts, texting while driving, speeding, drink/drug driving, and driving whilst distracted or fatigued. The risk is also greater for males than females.

SDERA’s Keys for Life pre-driver education program aims to assist young people in developing positive attitudes as road users to minimise these risks and also highlights the importance to both young people and their parents through an information session, the importance of obtaining supervised driving hours.

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• Kearnan College
• MacKillop Catholic College
• Manjimup Senior High School
• Manjimup Education Support Centre
• Margaret River Senior High School
• Nannup District High School
• Northcliffe District High School
• Pemberton High School

Contact Libby Winchcombe for more information as part of their Kristian Blake for their dedication to helping to keep young people safe and away from injury.

Statistics tell us that whilst young people under 24 years of age represent a small percentage of the driving population in WA they are over-involved in road injury, particularly as a driver of a vehicle. There are many contributing factors which include lack of experience and skill, along with behaviours such as non-use of seat belts, texting while driving, speeding, drink/drug driving, and driving whilst distracted or fatigued. The risk is also greater for males than females.

SDERA’s Keys for Life pre-driver education program aims to assist young people in developing positive attitudes as road users to minimise these risks and also highlights the importance to both young people and their parents through an information session, the importance of obtaining supervised driving hours.

SDERA would like to congratulate these schools for their contribution to helping to keep our young people safe.

• Boyup Brook District High School
• Bridgetown High School
• Bunbury Senior High School
• Cape Naturalist College
• Cornerstone Christian College
• Geographe Anglican School

• Geographe Education Support Centre
• Kearnan College
• MacKillop Catholic College
• Manjimup Senior High School
• Manjimup Education Support Centre
• Margaret River Senior High School
• Nannup District High School
• Northcliffe District High School
• Pemberton High School

Contact Libby Winchcombe for more information as part of their Kristian Blake for their dedication to helping to keep young people safe and away from injury.
Free professional development

**Term 2 2013**

16 May
- Keys for Life: Pre-driver education (Yrs 10-12)
  - Mount Lawley Golf Club, Inglewood

21 May
- Resilient Kids: Social and emotional learning (Yrs K-7)
  - Mount Lawley Golf Club, Inglewood

22 May
- Alcohol and Cannabis: Drug education for young people (Yrs 6-12)
  - Mindarie Marina, Mindarie

5 June
- Safer Kids: Challenges and choices (Yrs K-2)
  - Burswood on Swan, Burswood

6 June
- Smart Steps: Engaging parents and children in road safety (Early childhood agencies/K-Yr 1 teachers)
  - Burswood on Swan, Burswood

19 June
- Learning Seminar: Resilient teens
  - Mount Lawley Golf Club, Inglewood

25 June
- Safer Kids: Challenges and choices (Yrs 3-6)
  - Burswood on Swan, Burswood

**Term 3 2013**

31 July
- Alcohol and Cannabis: Drug education for young people (Yrs 6-12)
  - Mindarie Marina

7 August
- Safer Kids: Challenges and choices (K-Yr 2)
  - Mt Lawley Golf Club, Inglewood

8 August
- Keys for Life: Pre-driver education (Yrs 10-12)
  - Mt Lawley Golf Club, Inglewood

9 August
- Keys for Life: Pre-driver education (Yrs 10-12)
  - Mt Lawley Golf Club, Inglewood

13 August
- Resilient Kids: Social and emotional learning (Yrs K-7)
  - Mt Lawley Golf Club, Inglewood

20 August
- Safer Kids: Challenges and choices (Yrs 3-6)
  - Burswood on Swan, Burswood

21 August
- Getting it Together: A whole-school approach to drug education
  - Burswood on Swan, Burswood

22 August
- Smart Steps: Engaging parents and children in road safety (Early childhood agencies/K-Yr 1 teachers)
  - Nedlands Yacht Club, Nedlands

3 September
- Safer Kids: Challenges and choices (K-Yr 2)
  - Burswood on Swan, Burswood

4 September
- Keeping in Touch: Working with alcohol and other drug use (Yrs 6-12)
  - Mindarie Marina, Mindarie

5 September
- Keeping in Touch: Working with alcohol and other drug use (Yrs 6-12)
  - Mindarie Marina, Mindarie

11 September
- Safer Kids: Challenges and choices (Yrs 3-6)
  - Esplanade River Suites, Como

12 September
- Alcohol and Cannabis: Drug education for young people (Yrs 6-12)
  - Esplanade River Suites, Como

19 September
- Resilient Kids: Social and emotional learning (Yrs K-7)
  - Esplanade River Suites, Como

25 September
- Resilient Teens: Social and emotional learning (Yrs 8-12)
  - Mt Lawley Golf Club, Inglewood

26 September
- Keys for Life: Pre-driver education
  - Mt Lawley Golf Club, Inglewood

SDERA knows that school budgets don’t always stretch to cover staff professional learning so we offer all of our workshops free of charge. SDERA will also contribute up to $350 to teacher relief payments. Our range of half day, full day and after hours workshops give school staff working with Kindy to Year 12 students, the opportunity to network with other professionals while learning more about teaching resilience, drug and road safety education using our resources that are already in schools.

**Our free workshops:**

- are evidence-based and reflect best practice
- make links to the Australian Curriculum
- where appropriate, have TRBWA and Senior Teacher accreditation.

For more information about 2013 professional learning opportunities, contact SDERA on (08) 9264 4743 or visit our website www.sdera.wa.edu.au

**Details for submitting articles for 2013**

SDERA is keen to receive articles submitted for this newsletter by school-based staff and other interested agencies. A free Challenges and Choices resource is on offer for those who have a submitted article published. The deadlines for items for this newsletter are:

- **Term 3** 5 July
- **Term 4** 27 September

Email articles (of no more than 200 words) and any photographs (as a jpeg file) to sdera.co@education.wa.edu.au

Professional learning in regional areas is offered by SDERA Regional Consultants. Please visit our website for their contact details.